



PROTECTING your health and finances with an affordable new-age plan.

Introducing Activ Assure Diamond - a plan that ensures you get new-age health features at an affordable cost.

- Double your Sum Insured in 2 years with Super No Claim Bonus\*
- Modern Treatment methods covered
- Get 150% Reload of Sum Insured<sup>2</sup>
- —> Earn up to 30% of your premium as HealthReturns™





To cater to your ever changing health and protection needs, choose Activ Assure Diamond - an affordable plan with great features to ensure that you stay healthy and protected.

# Key benefits of the plan:



# Hospitalisation Benefits



## Modern Treatment Methods Covered

New-age Treatments such as Robotic Surgeries, Oral Chemotherapy, Balloon Sinuplasty covered



# No Room Rent Capping

For a Sum Insured of ₹7 lakhs or above



# Up to 150% Reload of Sum Insured

Even if your Sum Insured gets exhausted, we will reload your Sum Insured amount by up to 150%<sup>2</sup>, Max up to 50 Lacs



# Hospitalisation Expenses Covered

Including illnesses and medically required procedures such as COVID-19 and Bariatric Surgery



### Mental Illness Expenses Covered

Hospitalisation due to mental illness



### 586 Day Care Procedures Covered

Even if hospitalisation is less than 24 hours



# Wellness Benefits



### HealthReturns™

Earn up to 30% of your premium as HealthReturns™



#### Health Coach

Get access to a Health Coach for nutritional and wellness counselling



### Annual Health Check-up

Avail Annual Health Check-up benefit from Day 1



Comprehensive Coverage'



# Super No Claim Bonus

Double your Sum Insured in 2 years<sup>1</sup>



# Accidental Hospitalisation Booster

Get additional 100% Sum Insured in case of accidental hospitalisation



# Cancer Hospitalisation Booster

Enhance cover by getting additional 100% Sum Insured in case of cancer hospitalisation

<sup>\*</sup>Optional benefits

Sum Insured doubles in case of no claim in 2 subsequent years, if policy is renewed without any break. This is an optional feature.

<sup>&</sup>lt;sup>2</sup>Applicable in case of subsequent claims due to unrelated illnesses.

# Activ Assure: Diamond Plan - Product Features

Sum Insured   \$\frac{\tau}{2} \text{ laids, \$\tau}  laids, \$\tau		Product Features	Diamond	
In-patient Hospitalisation		Sum Insured	₹ 7 lakhs, ₹ 10 lakhs, ₹ 15 lakhs, ₹ 20 lakhs, ₹ 25 lakhs, ₹ 30 lakhs, ₹ 40 lakhs, ₹ 50 lakhs, ₹ 75 lakhs, ₹ 100 lakhs,	
T S lakhs S.I Single Private A/C Room ₹ 7 lakhs S.I. and above- Upto S.I.	Basic Covers	In-patient Hospitalisation	Covered	
Pre-hospitalisation Medical Expenses  Post-hospitalisation Medical Expenses  Post-hospitalisation Medical Expenses  Day Care Treatment  Domiciliary Hospitalisation (Home Care)  Road Ambulance Cover  Road Ambulance Cover  Organ Donor Expenses  Reload of Sum Insured  Ayush (In-patient hospitalisation)  Daily Allowance  Daily Allowance  Daily Allowance  Vaccination Cover  Additional Benefits  Relath Check-up Program  Second E-Opinion on Critical Illnesses  Domestic Emergency Assistance  Services  Health Returns™  Available  Vacination Cover  Value Added  Services  Health Returns™  Available  Pres-hospitalisation Medical Expenses  So days  So days  So days  60 days  61 days  62 lshs - ₹ 1500  S.I. ₹ 15 lahs - ₹ 2500  S.I. ₹ 15 lahs - ₹ 2500  S.I. ₹ 15 laks - ₹ 2000  S.I. ₹ 15 laks - ₹ 40 laks - ₹ 2000  S.I. ₹ 15 laks - ₹ 40 laks - ₹ 5000  S.I. ₹ 5 l		Room Type	₹ 5 lakhs S.I Single Private A/C Room	
Post-hospitalisation Medical Expenses 60 days  Day Care Treatment 586 listed Procedures, Covered up to S.I.  Domiciliary Hospitalisation (Home Care) Upto 10% of S.I.  Road Ambulance Cover S.I. upto ₹ 4 lakhs − ₹ 1500 S.I. ₹ 15 lakhs − ₹ 10 lakhs − ₹ 2500 S.I. ₹ 15 lakhs − ₹ 10 lakhs − ₹ 2500 S.I. ₹ 15 lakhs − ₹ 10 lakhs − ₹ 2500 S.I. ₹ 15 lakhs − ₹ 20 rore − ₹ 5000  Organ Donor Expenses Covered up to S.I.  Reload of Sum Insured Upto 150% of S.I., Max up to ₹ 50 lakhs  Ayush (In-patient hospitalisation) S.I. upto ₹ 4 lakhs − ₹ 15,000 S.I. ₹ 15 lakhs − ₹ 10 lakhs − ₹ 20,000 S.I. ₹ 50 lakhs − ₹ 10 lakhs − ₹ 20,000 S.I. ₹ 50 lakhs − ₹ 10 lakhs − ₹ 20,000 S.I. ₹ 50 lakhs − ₹ 75 lakhs − ₹ 40,000 S.I. ₹ 50 lakhs − ₹ 5 lakhs − ₹ 40,000 S.I. ₹ 10 lakhs − ₹ 20,000 S.I. ₹ 10 lakhs − ₹ 10 lakhs − ₹ 20,000 S.I. ₹ 10 lakhs − ₹ 10 lakhs − ₹ 20,000 S.I. ₹ 10 lakhs − ₹ 10 lakhs − ₹ 20,000 S.I. ₹ 10 lakhs − ₹ 10 lakhs − ₹ 20,000 S.I. ₹ 10 lakhs − ₹ 10 lakhs − ₹ 20,000 S.I. ₹ 10 lakhs − ₹ 10 lakhs − ₹ 20,000 S.I. ₹ 10 lakhs − ₹ 10 lakhs − ₹ 20,000 S.I. ₹ 10 lakhs − ₹ 10 lakhs − ₹ 20,000 S.I. ₹ 10 lakhs − ₹ 10 lakhs − ₹ 20,000 S.I. ₹ 10 lakhs − ₹ 10 lakhs − ₹ 20,000 S.I. ₹ 10 lakhs − ₹ 10 lakhs − ₹ 20,000 S.I. ₹ 10 lakhs − ₹ 10 lakhs − ₹ 20,000 S.I. ₹ 10 lakhs − ₹ 10 lakhs − ₹ 20,000 S.I. ₹ 10 lakhs − ₹ 10 lakhs − ₹ 20,000 S.I. ₹ 10 lakhs − ₹ 10 lakhs − ₹ 20,000 S.I. ₹ 10 lakhs − ₹ 10 lakhs − ₹ 20,000 S.I. ₹ 10 lakhs − ₹ 10 lakhs − ₹ 20,000 S.I. ₹ 10 lakhs − ₹ 10 lakhs − ₹ 20,000 S.I. ₹ 10 lakhs − ₹ 10 lakhs − ₹ 10 lakhs − ₹ 20,000 S.I. ₹ 10 lakhs − ₹ 10 lakhs − ₹ 20,000 S.I. ₹ 10 lakhs − ₹ 10 lakhs − ₹ 20,000 S.I. ₹ 10 lakhs − ₹ 1		ICU Charges		
Day Care Treatment  Domiciliary Hospitalisation (Home Care)  Road Ambulance Cover  S.I. upto ₹ 4 lakhs − ₹ 1.500 S.I. ₹ 15 lakhs − ₹ 1.0 lakhs − ₹ 2.000 S.I. ₹ 15 lakhs − ₹ 40 lakhs − ₹ 2.000 S.I. ₹ 15 lakhs − ₹ 40 lakhs − ₹ 2.000 S.I. ₹ 50 lakhs − ₹ 75 lakhs − ₹ 2.000 S.I. ₹ 50 lakhs − ₹ 75 lakhs − ₹ 3.000 S.I. ₹ 15 lakhs − ₹ 40 lakhs − ₹ 2.000 S.I. ₹ 15 lakhs − ₹ 1.0 lakhs − ₹ 5.000 S.I. ₹ 10 ror − ₹ 2.000 S.I. ₹ 10 ror − ₹ 2.000 S.I. ₹ 1.0 lakhs − ₹ 1.0 lakhs  Reload of Sum Insured  Upto 1.50% of S.I., Max up to ₹ 50 lakhs Ayush (In-patient hospitalisation) S.I. upto ₹ 4 lakhs − ₹ 1.0 lakhs − ₹ 2.0,000 S.I. ₹ 15 lakhs − ₹ 1.0 lakhs − ₹ 2.0,000 S.I. ₹ 15 lakhs − ₹ 1.0 lakhs − ₹ 2.0,000 S.I. ₹ 1.5 lakhs − ₹ 4.0 lakhs − ₹ 2.0,000 S.I. ₹ 1.5 lakhs − ₹ 4.0 lakhs − ₹ 2.0,000 S.I. ₹ 1.5 lakhs − ₹ 1.0 lakhs − ₹ 2.0 lakhs − ₹ 1.0 lakhs − ₹ 2.0,000 S.I. ₹ 1.5 lakhs − ₹ 1.0 lakhs		Pre-hospitalisation Medical Expenses	30 days	
Domiciliary Hospitalisation (Home Care)  Road Ambulance Cover  Road Ambulance Cover  S.I. upto ₹ 4 lakhs - ₹ 1500 S.I. ₹ 5 lakhs - ₹ 2000 S.I. ₹ 5 lakhs - ₹ 2000 S.I. ₹ 5 lakhs - ₹ 2000 S.I. ₹ 5 lakhs - ₹ 2500 S.I. ₹ 5 lakhs - ₹ 7500 S.I. ₹ 5 lakhs - ₹ 7500 S.I. ₹ 5 lakhs - ₹ 7500 S.I. ₹ 5 lakhs - ₹ 75 lakhs - ₹ 3000 S.I. ₹ 1 crore - ₹ 2 crore - ₹ 5000  Organ Donor Expenses  Covered up to S.I.  Reload of Sum Insured Upto 150% of S.I., Max up to ₹ 50 lakhs Ayush (In-patient hospitalisation)  S.I. upto ₹ 4 lakhs - ₹ 15,000 S.I. ₹ 5 lakhs - ₹ 10 lakhs - ₹ 20,000 S.I. ₹ 5 lakhs - ₹ 7 10 lakhs - ₹ 20,000 S.I. ₹ 5 lakhs - ₹ 7 10 lakhs - ₹ 40,000 S.I. ₹ 1 crore - ₹ 2 crore - ₹ 50000 S.I. ₹ 1 c		Post–hospitalisation Medical Expenses	60 days	
Road Ambulance Cover  S.I. upto ₹ 4 lakhs −₹ 1500 S.I. ₹ 5 lakhs −₹ 10 lakhs −₹ 2000 S.I. ₹ 5 lakhs −₹ 7 2000 S.I. ₹ 5 lakhs −₹ 7 2000 S.I. ₹ 5 lakhs −₹ 7 5 lakhs −₹ 2500 S.I. ₹ 5 lakhs −₹ 75 lakhs −₹ 2500 S.I. ₹ 5 lakhs −₹ 75 lakhs −₹ 3000 S.I. ₹ 10 lakhs −₹ 75 lakhs −₹ 2500 Organ Donor Expenses  Covered up to S.I.  Reload of Sum Insured Upto 150% of S.I., Max up to ₹ 50 lakhs Ayush (In-patient hospitalisation) S.I. upto ₹ 4 lakhs −₹ 15,000 S.I. ₹ 15 lakhs −₹ 20,000 S.I. ₹ 5 lakhs −₹ 75 lakhs −₹ 20,000 S.I. ₹ 5 lakhs −₹ 75 lakhs −₹ 40,000 S.I. ₹ 50 lakhs −₹ 75,000 S.I. ₹ 15 lakhs −₹ 40,000 S.I. ₹ 500/day, Max 5 day per hospitalisation  Vaccination Cover Upto ₹ 10,000 (Applicable for S.I. ₹ 1 crore and above)  Additional Benefits  No Claim Bonus 10% of S.I. per annum, Max upto 50% of S.I. Health Check-up Program Annual Second E-Opinion on Critical Illnesses Domestic Emergency Assistance (including Air Ambulance) International Emergency Assistance Services (including Air Ambulance)  Value Added Services Health Assessment™ Available Available  Available Available Fercentage of Premitum earned through Healthy Hearth Score™ and		Day Care Treatment	586 listed Procedures, Covered up to S.I.	
S.I. ₹ 5 lakhs = ₹ 10 lakhs = ₹ 2000		Domiciliary Hospitalisation (Home Care)	Upto 10% of S.I.	
Reload of Sum Insured  Ayush (In-patient hospitalisation)  S.I. upto ₹ 4 lakhs - ₹ 15,000 S.I. ₹ 15 lakhs - ₹ 20,000 S.I. ₹ 15 lakhs - ₹ 20,000 S.I. ₹ 15 lakhs - ₹ 40,000 S.I. ₹ 15 lokhs - ₹ 75 lakhs - ₹ 40,000 S.I. ₹ 1500/day, Max 5 day per hospitalisation  Vaccination Cover  Upto ₹ 10,000 (Applicable for S.I. ₹ 1crore and above)  Additional Benefits  No Claim Bonus  10% of S.I. per annum, Max upto 50% of S.I. Health Check-up Program Annual Second E-Opinion on Critical Illnesses  Domestic Emergency Assistance Services (including Air Ambulance)  International Emergency Assistance Services (including Air Ambulance)  Value Added Services  Health Assessment™ Available  Available  Available, Earned by ways of - Percentage of Premium earned through Healthy Heal		Road Ambulance Cover	S.I. ₹ 5 lakhs - ₹ 10 lakhs - ₹ 2000 S.I. ₹ 15 lakhs - ₹ 40 lakhs - ₹ 2500 S.I. ₹ 50 lakhs - ₹ 75 lakhs - ₹ 3000	
Ayush (In-patient hospitalisation)  S.I. upto ₹ 4 lakhs − ₹ 15,000 S.I. ₹ 5 lakhs − ₹ 10 lakhs − ₹ 20,000 S.I. ₹ 15 lakhs − ₹ 40 lakhs − ₹ 20,000 S.I. ₹ 15 lakhs − ₹ 40 lakhs − ₹ 30,000 S.I. ₹ 15 lakhs − ₹ 40,000 S.I. ₹ 15 lakhs − ₹ 40,000 S.I. ₹ 10 crore − ₹ 2crore − ₹ 50,000  Daily Allowance  ₹ 2 lakhs, ₹ 3 lakhs, ₹ 4 lakhs S.I. − ₹ 500/day, Max 5 day per hospitalisation  Vaccination Cover  Upto ₹ 10,000 (Applicable for S.I. ₹ 1crore and above)  No Claim Bonus  10% of S.I. per annum, Max upto 50% of S.I.  Health Check-up Program  Annual  Second E-Opinion on Critical Illnesses  Domestic Emergency Assistance Services (including Air Ambulance)  International Emergency Assistance Services (including Air Ambulance)  Value Added  Services  Health Assessment™  Available  Available  Fercentage of Premium earned through Healthy Heart Score™ and		Organ Donor Expenses	Covered up to S.I.	
S.I. ₹ 5 lakhs - ₹ 10 lakhs - ₹ 20,000 S.I. ₹ 15 lakhs - ₹ 40 lakhs - ₹ 40,000 S.I. ₹ 15 lakhs - ₹ 40 lakhs - ₹ 40,000 S.I. ₹ 15 lakhs - ₹ 40,000 S.I. ₹ 1 crore - ₹ 2 crore - ₹ 50,000  Daily Allowance  ₹ 2 lakhs, ₹ 3 lakhs, ₹ 4 lakhs S.I ₹ 500/day, Max 5 day per hospitalisation  Vaccination Cover  Upto ₹ 10,000 (Applicable for S.I. ₹ 1 crore and above)  No Claim Bonus  10% of S.I. per annum, Max upto 50% of S.I.  Health Check-up Program  Annual  Second E-Opinion on Critical Illnesses  Domestic Emergency Assistance Services (including Air Ambulance)  International Emergency Assistance Services (including Air Ambulance)  Value Added  Services  Health Assessment™  Available  Available  HealthReturns™  Available, Earned by ways of - Percentage of Premium earned through Healthy Heart Score™ and		Reload of Sum Insured	Upto 150% of S.I., Max up to ₹ 50 lakhs	
Max 5 day per hospitalisation         Vaccination Cover       Upto ₹ 10,000 (Applicable for S.I. ₹ 1crore and above)         Additional Benefits       No Claim Bonus       10% of S.I. per annum, Max upto 50% of S.I.         Health Check-up Program       Annual         Second E-Opinion on Critical Illnesses       Available for 15 listed Critical Illnesses         Domestic Emergency Assistance Services (including Air Ambulance)       Available         International Emergency Assistance Services (including Air Ambulance)       Available         Value Added Services       Health Assessment™       Available         Value Added Services       Health Returns™       Available, Earned by ways of - Percentage of Premium earned through Healthy Heart Score™ and		Ayush (In-patient hospitalisation)	S.I. ₹ 5 lakhs - ₹ 10 lakhs - ₹ 20,000 S.I. ₹ 15 lakhs - ₹ 40 lakhs - ₹ 30,000 S.I. ₹ 50 lakhs - ₹ 75 lakhs - ₹ 40,000	
Additional Benefits  No Claim Bonus  10% of S.I. ₹ 1crore and above)  10% of S.I. per annum, Max upto 50% of S.I.  Health Check-up Program  Annual  Second E-Opinion on Critical Illnesses  Domestic Emergency Assistance Services (including Air Ambulance)  International Emergency Assistance Services (including Air Ambulance)  Value Added Services  Health Assessment™  Available  Available  Available  Available  Fercentage of Premium earned through Healthy Heart Score™ and		Daily Allowance		
Health Check-up Program  Second E-Opinion on Critical Illnesses  Domestic Emergency Assistance Services (including Air Ambulance)  International Emergency Assistance Services (including Air Ambulance)  Value Added Services  Health Assessment™  Available  Available  Available  Available  Available  Available  Fercentage of Premium earned through Healthy Heart Score™ and		Vaccination Cover		
Second E-Opinion on Critical Illnesses  Domestic Emergency Assistance Services (including Air Ambulance)  International Emergency Assistance Services (including Air Ambulance)  Value Added Services  Health Assessment™  Available  Available  Available  Available  Available  Available  Fercentage of Premium earned through Healthy Heart Score™ and	Additional Benefits	No Claim Bonus		
Domestic Emergency Assistance Services (including Air Ambulance)  International Emergency Assistance Services (including Air Ambulance)  Value Added Services  Health Assessment™  Available  Available  Available  Available  Available  Fercentage of Premium earned through Healthy Heart Score™ and		Health Check-up Program	Annual	
(including Air Ambulance)  International Emergency Assistance Services (including Air Ambulance)  Value Added Services  Health Assessment™  Available  Available  Available, Earned by ways of - Percentage of Premium earned through Healthy Heart Score™ and		Second E-Opinion on Critical Illnesses	Available for 15 listed Critical Illnesses	
Services (including Air Ambulance)  Value Added Services  Health Assessment™  Available  Available, Earned by ways of - Percentage of Premium earned through Healthy Heart Score™ and			Available	
Services  HealthReturns™  Available, Earned by ways of - Percentage of Premium earned through Healthy Heart Score™ and			Available	
Services  HealthReturns <sup>™</sup> Available, Earned by ways of - Percentage of Premium earned through Healthy Heart Score™ and		Health Assessment <sup>™</sup>	Available	
		HealthReturns™	- Percentage of Premium earned through Healthy Heart Score™ and	
Health Coach Available		Health Coach	Available	

	Reduction in PED Waiting Period	Option to reduce to 24 Months	
Optional Covers	Unlimited Reload of Sum Insured	100% of S.I. (Unlimited times)	
	Super No Claim Bonus	Additional 50% of S.I. per annum, Max upto 100% of S.I.	
	Accidental Hospitalisation Booster (not available above ₹ 1crore S.I.)	100% of S.I.	
	Cancer Hospitalisation Booster (not available above ₹ 1crore S.I.)	100% of S.I.	
	Any Room Upgrade	Available with S.I. ₹ 5 lakhs	
	Preferred Provider Network (PPN) Discount	10% Discount Available	

# How to earn HealthReturns™

### **Get Started**



Download the Activ Health App



# **Know Your Health**



Find out your Healthy Heart Score™

Take the Health Assessment by calling our call centre and get the score. It indicates how healthy you are.



# **Get Active**



Improve Your Health by Getting Active

Active =

10,000 steps per day or 300 calories burned or 30 minute gym session

or do a fitness assessment test every six months.

# **Get Rewarded**

- Earn up to 30% of your premium as HealthReturns<sup>™</sup> by just completing 13 Active Dayz<sup>™</sup> every month
- Earn up to 6% of your premium as HealthReturns<sup>™</sup> by just completing 4 Active Dayz<sup>™</sup>every month

# Earn HealthReturns $^{\rm TM}$ as a % of your premium

Active	Healthy Heart Score™			
Dayz™	Green	Amber	Red	
13+	30%	12%	6%	
10 - 12	18%	7%	4%	
7 - 9	12%	5%	2%	
4 - 6	6%	2%	1%	
0 - 3	0%	0%	0%	

# How to use HealthReturns™



Use it to pay your next policy premium



Use it to buy medicines



Use it to pay for diagnostic tests



Keep it like a fund for any health contingency

\*Conditions apply

Long term discount (Only in case of Single Premium Policies)	Family discount		
Get 7.5% discount for a 2 year policy	Get 5% discount for a multi-individual policy for 2-3 members		
Get 10% discount for a 3 year policy	Get 10% discount for a multi-individual policy for 4 or more members		

# Eligibility and Coverage

# Minimum age at entry:

- a. Dependent Children from Age 91 days to 5 years covered only if one adult is covered under Family Floater Policy. In case of an Individual Policy, minimum age at entry is 5 years
- b. Children up to 25 years can be covered under the floater as dependents

# Maximum age at entry: No Maximum age at entry

Age is calculated as no. of years completed as on last birthday.

# Waiting Period(s)

- a. Listed Illness/Procedure Waiting Period: 24 Months
- b. Initial Waiting Period: 30 Days (not applicable in case of accident and subsequent renewal)
- c. Specified Disease/Procedure Waiting Period: 48 Months
- d. Pre-existing Disease: 48 months

(This is an indicative list. Please refer to policy wordings for detailed list of exclusions and waiting periods.)

# Aditya Birla Health Insurance Co. Ltd.

(A part of Aditya Birla Capital Ltd.)



Aditya Birla Health Insurance Co. Limited. IRDAI Reg.153. CIN No. U66000MH2015PLC263677. Product Name: Activ Assure, Product UIN: ADIHLIP21250V032021, Advertisement UIN: ABHI/LF/22-23/1370. Address:-9th Floor, Tower I, One World Centre, Jupiter Mills Compound, 841, Senapati Bapat Marg, Elphinstone Road, Mumbai 400013. Email: care.healthinsurance@adityabirlacapital.com, Website: adityabirlahealthinsurance.com, Telephone: 1800 270 7000. For more details on risk factors, terms and conditions please read terms and conditions carefully before concluding a sale. Trademark/Logo Aditya Birla Capital is owned by Aditya Birla Management Corporation Private Limited and Trademark/logo HealthReturns, Healthy Heart Score and Active Dayz are owned by Momentum Metropolitan Life Limited (Formerly known as MMI Group Limited). These trademark/Logos are being used by Aditya Birla Health Insurance Co. Limited under licensed user agreement(s). \*Optional feature. IDFC First Bank Limited (IRDAI Registration No: CA0106) is the Corporate Agent of Aditya Birla Health Insurance Co. Limited and does not underwrite the risk or act as an insurer.